# **CARA’s Kit- Matrix**

## **Example Activity: Play Time**

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| **Here’s the Situation** | **Environment**  **(Least Intrusive)** | **Daily Schedule** | **Activity/Routine** | **Materials** | **Requirements/Instruction (Most Intrusive)** |
| Toddlers play with blocks inappropriately (e.g., stacking building blocks too high, throwing blocks around, putting the blocks in their mouths, etc.). | Provide an open space for block building so if blocks from a tower fall, there are no other toddlers close by who might get hurt. | Schedule block building as a play time choice.  Schedule multiple times throughout the day for playing with blocks. Show these times on a picture choice board.  Schedule blocks during after school hours. Invite older children to join the toddlers in their block play. | Create an activity for block building and demonstrate how to get started (e.g., make a big zoo).  Introduce block play as a special or surprise activity a few times each week. Review block play rules each time. | Integrate a favorite item, activity, or person (e.g., stuffed animal) into the block area and encourage toddlers to build something around it.  Use different types of blocks (e.g., foam, wood, cardboard, etc.) to enhance manipulation. | Demonstrate how to build with blocks. Help toddlers to continue building what you have started.  Pair toddlers with a buddy to help them stay engaged.  Provide pictures and photographs that show expectations for block building (e.g., what to do with blocks, what block buildings might look like, toddlers playing with blocks, etc.).  Provide photographs or pictures that illustrate how to build a structure and extend play (e.g., build an airplane, take a trip on the airplane). |
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